

1. 2021 Fiscal Year(2021.4.1～2022.3.31) **Special Issue**

2. Kawachinagano City Health Center

3. Year Program Information

4. April 2021, the New Health Center is open!

The Health Center, the Holiday Emergency Medical Clinic, and the Infants Medical Examination Center have been integrated to the New Health Center and moved to premises of Osaka Minami Medical Center. This is targeting more substantial emergency care system and the promotion of the Health and Medical policy, etc. so that every citizen can have physical and mental health throughout the life. This facility supports maintaining and promoting good health, pregnancy and childbirth, and child rearing, etc. Please utilize it fully.

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6. For Inquiries please contact

Kawachinagano City Health Center

(Kawachinagano city Health& Longevity Department Health Promotion Section)

Address2-1 Kido-higashi-machi (on premises of Osaka Minami Medical Center)

Tel0721-55-0301 FA x 0721-55-0394

Opening hours 9:00 to 17:30 on weekdays

7. Cancer screening

8. We have various checkups for citizens (except for those who can have checkups at work).

Let's take check-ups regularly for early discovery and treatment of diseases!

Implementing Period From **April 1, 2021 till March 31, 2022**

You can take one checkup per period. (The checkup for breast cancer is once in 2 years.)

✂Please bring a driver's license, a health insurance card, etc. with you to show your citizenship on the day of checkup.

✂Please be careful not to take checkups multiple times during a period, because in that case you are charged with whole amount of medical expenses.

✂If you get a result saying you need thorough examination, make sure to take one.

✂The eligible age refers to the age you turn to between April and next March.

ex.) "40 years old" A person who turns 40 years old between April 2021 and March 2022.

(A person who was born between April 2, 1981 and April 1, 1982)

✂It takes about a month to get the result report.

If you already have noticeable symptoms, you should not wait for Check-ups but go to a medical institution right away.

9. before a Cancer Checkup

Though we highly consider the safety of checkups, cancer checkups can result in some unfavorable consequences such as listed below. Please recognize those consequences before taking checkups.

Stomach cancer	Constipation after a checkup, accidental deglutition of barium sulfate, x-ray exposure, hypersensitivity or allergic reaction to barium
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Lung cancer	x-ray exposure
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Breast cancer	Feeling of pain during checkup, x-ray exposure
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Cervical cancer	Feeling of pain during checkup, Hemorrhage or bleeding after checkup
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10. Cancer screening

Screening/Venue	Contents	Target	Self-pay	Application	
				Medical agencies	Health center
stomach cancer screening health Center, medical agencies	Barium contrast X-ray	Citizens over 40 years old	1,000yen	Make an appointment directly to a medical agency (refer to page13)	Call 0721-55-0301 City web site (Electronic application) Terms of application: From April 12, 2021 till January 31, 2022
Lower bowel cancer screening health Center, medical agencies	Test for hidden blood in stool		500yen		
Lung cancer screening※ health Center, medical agencies	Chest X-ray, Examination, of sputum when needs		500yen		
Breast cancer screening health Center, medical agencies	palpation, Mammography	Female citizens over 40years old that turn odd number ages during the fiscal year (Refer to the simplified chart in the page on the right)	1,000yen	Osaka Minami Medical Center: 0721-55-0301 City's web site (online application) sletter Teramoto Hospital:Direct appointment	As for the cancer checkups in the morning, those taking other cancer checkups as well have priority at application.
Breast cancer checkup is also available at "Inui Clinic" in Tondabayashi (apply directly to Inui Clinic 0721-20-1500) or "OSAKA GAN JUNKANKI YOBO CENTER (Osaka Cancer Cardiovascular Prevention Center)" at Morinomiya, Jotoku, Osaka city (apply to HOKEN CENTER (Health Care Center)).					
Cervical cancer screening medical agencies	Internal examination, microscopic examination of cells inside uterus	Female citizens over 20years old	1,000yen	SAITA Maternity Clinic 0721-50-0070(by appointment only) NAKANO Ladies Clinic 0721-53-1635	

※The tuberculosis screening is according to the provisions of the law for prevention of infectious diseases and medical treatment for patients with infectious diseases, and it is an obligation for people over 65 years old to take the screening.

11. Schedule of Mass-Screening at Health Center(As for application refer to page 1)

Screening	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb
Large bowel cancer, Stomach cancer, Lung cancer, Breast cancer	28(f)	9(w)		13(f) 27(f)	14(t)	15(f)	2(t)		7(f)	18(f)
Breast cancer		23(w) afternoon only	7(w)		22(w)	12(t)			28(f)	4(f)
Time in 8:30 AM-10:30 AM (It will be 9:30-10:30 when there is only breast cancer checkup.) 1 PM-2 PM (Breast cancer checkups only) extra application might be allowed or the screening itself might be canceled for the days with fewer applicant										

※Places and times are subject to change. Please refer to city newsletter and confirm.

※As there is an exemption system for copayment for those who belong to household on livelihood welfare or on

Japanese orphans in China Support, please contact HOKEN CENTER (Health Care Center).

12. 5 Cancer Checkups

Date : Wednesday June 23, Saturday November 13, Saturday February 26

Target : Applying for 3 Cancer Checkups (stomach, large intestine, lung), over 40 years old male citizens

Applying for 5 Cancer Checkups (stomach, large intestine, lung, breast, cervix),over 40 years old female citizen

A Female citizens between 20 and 30 years old applying for uterine cervix cancer examination

※If you are not eligible for breast cancer checkup this year, you can take 4 cancer checkups.

Application : Call HOKEN CENTER (Health Care Center) (Phone: 0721-55-0301)

Application is accepted on first-come-first-served basis and when it reaches the capacity it will be ended.

13. Simplified Chart for Breast Cancer Screening

The eligible age group (Female citizens who turn to odd ages between April 2021 and March 2022)

Age	Born between	
41	Apr 2,1980 ~ Apr 1,1981	
43	Apr 2,1978 ~ Apr 1,1979	
45	Apr 2,1976 ~ Apr 1,1977	Mammography 2 directions
47	Apr 2,1974 ~ Apr 1,1975	
49	Apr 2,1972 ~ Apr 1,1973	
51	Apr 2,1970 ~ Apr 1,1971	
53	Apr 2,1968 ~ Apr 1,1969	
55	Apr 2,1966 ~ Apr 1,1967	
57	Apr 2,1964 ~ Apr 1,1965	
59	Apr 2,1962 ~ Apr 1,1963	
61	Apr 2,1960 ~ Apr 1,1961	
63	Apr 2,1958 ~ Apr 1,1959	
65	Apr 2,1956 ~ Apr 1,1957	
67	Apr 2,1954 ~ Apr 1,1955	
69	Apr 2,1952 ~ Apr 1,1953	

14.

● Even if you are not eligible during the fiscal year 2021, those who didn't take breast cancer examination in the previous year can have it. Please contact the Hoken (Health) Center so that we will issue a ticket for screening.

✕ Those who are pregnant, lactating or who had breast implant (including implant with injection), who have pacemaker or hydrocephalus shunt cannot take breast cancer checkup.

15. Cancer screening

16. Other Medical Check-ups

17. Other Medical Check-ups

Check-ups	Contents	Target	Self-pay	Venue
Youth & Adult Medical Check-up ※One time during a fiscal year	Physical measurement, medical examination, blood pressure, urine test, blood test (Medical certificate not available)	Citizens aged between 16 and 39. (Born between April 2, 1982 and April 1, 2006) and don't have opportunity to take medical check-up at work.	500yen	Tuesday June 29, Friday November 19 Hours: 9:30 – 11:30/13:00 – 15:00 ※Appointment in advance is necessary. As for the application, please refer to the May and October issues of the City Newsletter. At: Hoken Center
Hepatitis B & C Virus check	Interview with a doctor, blood test	Citizens over 40 years old and those have not had the test since 2002	free	Make a reservation directly to a medical institute (refer to p. 13) • Need ticket. Contact Hoken Center. • Citizens turning 40 in this fiscal year don't need ticket.
Cardiac Electrogram Test	Cardiac Electrogram Test	Over 40 years old citizens who have no opportunity to take electrocardiography	free	Make a reservation directly to a medical institute (refer to p. 13)
Osteoporosis Check-up	Medical consultation, X-ray inspection of metacarpal bones People currently under treatment are not applicable.	Female citizens turning 40, 45, 50, 55, 60, 65 and 70 in this fiscal year.	500yen	Make a reservation directly to a medical institute (refer to p. 13) • A ticket will be sent to eligible citizens middle in the month of May.

18. About General Medical Check-ups

For the citizens over 40 years old and don't have a medical card or those can't take the Specific Medical Check-up because of the shifting of the medical insurance may have the General Medical Check-up. Please contact Hoken (Health) Center.

19. Health Consultation

Venue...Hoken Center(Health Center) ※Reservation required

※Scheduled dates don't fall on Sundays, national holidays and the end of year and New Year holidays.

※No consultation on diagnosis or treatment method

※When necessary, we will introduce a specific consultation institution.

Tittle	Contents
Health Consultation Admission: Mondays Morning (Except for holidays and year-end through New Year holidays)	Consultation for citizens on physical and mental health such as life style related disease and mental health problems (such as mental and physical problems after losing a loved one)
Dental Health Consultation Admission: Mondays Morning (Except for holidays and year-end through New Year holidays)	Consultation for citizens about life long dental and oral cares and their improvement
Nutrition Consultation Admission: Mondays Morning (Except for holidays and year-end through New Year holidays)	Consultation for citizens about preventive diet of life style related diseases and dietary life
Prevention of Diabetes Consultation Basically on the 3th Tuesday of month. (Except for holidays and year-end through New Year holidays)	Consultation for citizens with high blood glucose level, HbA1c and not being currently treated of diabetes and wish to consult about preventive diet and exercise for diabetes
Smoking Consultation Basically on the 4th Monday of month. (Except for holidays and year-end through New Year holidays)	Consultation for citizens who wish to quit smoking

20.

Home Visit consultation	Health Nurse, National Registered Dietitian or Dental hygienist visit houses and give advice to improve health for the citizens who need to consider the prevention of lifestyle-related diseases..
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21. We subsidize expenses for medical wigs for cancer patients. Please contact HOKEN CENTER for detail.

22. Breast Cancer Self Check Method

23. Protect my body by myself!

24. They say breast cancer is a kind of cancer you can find by yourself.

Try self-palpation once a month and keep an eye on the cancer.

When ... Within a week after a period and breasts are soft. Before and during a period, breasts get firm, so choose a time near the end of a period when there is no much pain. People after menopause should set a specific date every month.

Where ...In front of a mirror in the bathroom before taking a bath. It's easy to do with soapy hands. Or in bed before go to sleep. When you are lying down, breasts spread to the sides and are easy to touch.

25. Step1

Touch your breast and armpit and check if there is any hard spot.

Point! Use 4 fingers and stroke using the inside of the fingers giving slight pressure on the breasts. Do this slowly and carefully.

26. Step2

Examine breasts and nipples for abnormality.

Point! Aren't there tear lines, dents or swells on the breast skin? Aren't there dent, skew or festering at nipples?

★At Step 2 Check when both hands are up and both hands are at the waist.

27. Step3

Examine if unusual fluid comes out from nipples.

Point! Squeeze a nipple with a thumb and an index finger and examine if unusual fluid comes out.

28.

① Area to examine

★From under the collar bone to under the breasts

★Side to side

★Use the inside of aligned fingers

② How to examine outside of breasts

★Hold up one hand and use the other to examine

★Start from outside and move inward

③ How to examine inside of breasts

★Put both hand in the center of your chest

★Move towards the sides along the rib bones

29. There will be a lecture on breast cancer screening on Friday morning, October 1.

Details will be on the 2021 August issue of the City Newsletter.

30. **Take Cervix Cancer Checkup When You Turn 20 years old**

Number of cervix cancer increases rapidly when people are in their 20's and attack rate reaches very high when they are in their 30's and 40's.

Even if you have cervix cancer, there is no noticeable symptom at the beginning.

If it progresses without being noticed, sometimes you need to have hysterectomy.

But if you find it at the early stage and have treatments, you can recover without hysterectomy and you can still get pregnant and have babies.

Procedure of Cervix Cancer Checkup

• Internal examination: palpation around uterus (inside) by a doctor.

• Cytodiagnosis: Microscopic examination of the cells around cervix collected with a special brush.

Checkup takes about 15 minute. There is not much pain.

31. **Health Promoters Working** ~Why don't you act with us?~

We are unpaid volunteers acting for health promotion.

Acting locally in each elementary and junior high school area.

We are working on the promotion of walking in the fiscal year 2021.

(33 members, as of January 2021)

32. Osaka Healthy Life Mileage A-Smile (asumairu)

Lots of benefits! Let's start using A-Smile.

“Osaka Ken-katsu Mileage a-Smile” is a smartphone app provided by Osaka prefecture to help improve your health. For usages and details, please check A-Smile's official web site.

33. NEWS

34. Guidance for healthy teeth • Dental Check-up

35. Guidance for healthy teeth

Title	Contents	Target	Date	News letter
Mouth Hygiene Class At: Hoken Center	Dental check-up(first day only), Dental brushing practice, Mouth exercise	Citizens over 20	Jun 3(thu). 11(Fri) in the afternoon (Dual Series)	May Issue
Happy Smile Class At: Hoken Center	Dental brushing practice, Mouth exercise		Sep 2(thu) in the afternoon	Aug Issue

36. Dental Check-up Free

※You can have one check-up during the term. If you have it multiple times, you must pay full amount of check-up fee, so be careful.

Check-ups	Contents	Target	Venue	Application
Home visit dental check-up for bedridden elderly people	Confirming test of the presence or absence of dental problem by dentist	Over 40 years old citizen who is at the state of approximately number 3 of nursing care level and can't make a visit to a dental clinic	Home of the eligible	Call the Hoken Center for an appointment Implementation term From April 1, 2021 to March 31, 2022
Periodontal Disease Test	Periodontal disease test, oral hygiene check-up	Citizens turning 40, 50, 60, 70 and 80 in this fiscal year	Medical agencies listed below Application	Directly make an appointment at a medical agency •Check-up ticket will be sent to a subject person Implementation term From the date of ticket's arrival until March 31, 2022

37. Quick age table for eligible person for periodontal disease check-up

40 years old	born between April 2, 1981 and April 1, 1982
50 years old	born between April 2, 1971 and April 1, 1972
60 years old	born between April 2, 1961 and April 1, 1962
70 years old	born between April 2, 1951 and April 1, 1952

38. Guidance for healthy teeth

It will be notified in the city web site.

Dental Clinics	Address	Phone	Dental Clinics	Address	Phone
Asuka Shika lin	1-38-4 Mikanodai	69-0648	Teramoto Shika	2F 1-1-35 Kido Nishi-machi	50-0080
Arakawa Shika lin	12-6 Kikusui cho	53-8627	Doi Shika lin	2F 4-23 Nishinoyama-cho	56-5319
Inoue Shika lin	1-16.10 Nankadai	65-1118	TONOMOTO Dental Clinic	1-8-1 Kido	53-8606
Imai Shika Clinic	18-18 Minamikibougaoka	55-7177	Tomiyama Shika	235-4 Mikkaichi-cho	65-0487
Ueshima Shika lin	2F 3-6-10 Nankadai	62-3670	Nakaie Shika lin	93-7 Ueda-cho	62-2485
Uedo Shika iin	8-19 Hon machi	52-5552	Nakata Shika lin	4-10 Kita Aobadai	63-3964
Uemura Shika Clinic	451-156 Oyamada-cho	52-0118	Nagata Shika lin	1-1-11 Nankadai	63-6363
Ushijima Shika lin	1-24-5 Nankadai	64-0100	Nakatani Shika lin	12-43 Nishidai-cho	55-1511
Utsumi Shika lin	1-8-18 Akashiadai	56-0118	Nakanishi Shika Clinic	1805-1 Matsugaoka Higashi-machi	54-1181
Umezaki Shika	2-2-1 Kidonishi machi	53-9222	Nishiura Shika lin	1956-8 Uwahara-cho	53-8841
Oiji Shika	237-1 Mikkaichi cho	65-6061	Nishikawa Shika lin	4-8 Nishinoyama-cho	52-2202
Obata Shika lin	139-1 Mokkaichi-cho	65-6404	Hyashida Shika lin	28-11 Ohyabune Naka-machi	64-1739
Kanoh Shika	3079-21 Oyamada-cho	50-2525	Hira o Shika lin	56-18 Mikkaichi-cho	81-8148
Kawahara Shoni Shika	125-6 Minamikibogaoka	54-0648	Hirose Shika Shinryosho	3-70 Nosaku-cho	54-6839
Kunishi Shika lin	1317-1 Matsugaoka Naka-machi	55-6777	Fukushige Shika	1 chome 36-6 Kido	52-1100
Kubo Dental Hospital	1-26 Nishinoyama-cho	53-5584	Fujita Shika lin	1-34-7 Mikanodai	68-8948
Kondo Shika lin	92-14 Shionomiya cho	53-6480	Furuya Shika lin	1 chome 6-22 Kido	52-4618
Sakaguchi Shika lin	1764-1 Ichi-machi	54-6328	Makino Shika lin	6-21 Sakae machi	52-2403
Sawada Shika lin	5-101 Honda-cho	52-5137	Mitani Shika lin	9-1 Nishidai-cho	53-8111
Shuzaki Shika lin	20-6 Ueda-cho	62-6467	Minami Shika lin	3-1 Nagano cho	55-1081
Sokawa Shika lin	22.20 Hon-machi	54-1668	Mukumoto Shika lin	27-14 Sakae-machi	54-6515
Tanaka Shika lin	23-5 Kita Aobadai	65-6351	Morimoto Shika lin	8-5 Shoei-cho	56-0028
Tani Shika lin	6-5 Nishinoyama cho	56-4181	Yasumoto Shika lin	8-7 Midorigaoka Naka-machi	50-1972
Tamaki Shika Clinic	1681-3 Kusunoki-cho Higashi	56-8181	Yamamoto Shika lin	41-6 Naka Katazoe cho	63-6480
Chiba Shika lin	18-20 Chiyoda Minami-machi	52-5033	Yoshimoto Shika lin	11-14-1 Nankadai	62-4500
Teramoto Kinen Byoin	4-11 Furuno cho	50-1111			

(As of the end of March 2021)

39. Vaccinations for the elderly

vaccine	Eligible Citizens	Venue, Terms, Number of times, Fees, etc.
<p>Pneumococcal Infections Among the Elderly</p>	<p>① Citizens over 65 years old ② Citizens between 60 and 65 years old with disability evaluation class 1 failure of heart, kidney, and respiratory function, or almost unable to carry on normal daily life because of immune dysfunction caused by human immunodeficiency virus In both cases, people must be registered residents of Kawachinagano city on the day of vaccination. ※Not applicable ・ Those who took vaccination within past 5 years ・ Those who had pneumococcus vaccine under Kawachinagano's subsidy in the past</p>	<p>Venue Designated medical organization in the city (Refer to pages 14) When you take vaccinations at medical organizations not designated ...※1</p> <p>Term of vaccination Through out the year</p> <p>Number of vaccination 1 ・ Those who took vaccination within past 5 years are excluded. ・ Those who had subsidy in the past are not eligible.</p> <p>Self-pay 3,000yen (Refer to * 2 for the fee for welfare recipients)</p> <p>Things to bring ・ Certificate of Subsidy Usage History (Please make a request to Health Center. It is sent to you in 10 to 14 days) ・ Vaccination screening questionnaire (Will be sent to you with Certificate of Subsidy Usage History) ・ Public document such as a health insurance card which shows current address ・ Personal seal ・ Physical Disability Handbook (only a person who is an eligible recipient ②)</p>
<p>Influenza vaccination for the elderly</p>	<p>① Citizens over 65 years old (qualified from one day before birthday) ② Citizens between 60 and 65 years old with disability evaluation class 1 failure of heart, kidney, and respiratory function, or almost unable to carry on normal daily life because of immune dysfunction caused by human immunodeficiency virus In both cases, people must be registered residents of Kawachinagano city on the day of vaccination.</p>	<p>Venue Designated medical organization in the city (Refer to pages 13) You can also have inoculation at medical institutes in Tondabayashi and Osaka-Sayama. Please make an inquiry as for the handling medical institutions. When you take vaccinations at medical organizations not designated ...※1</p> <p>Term of vaccination Oct 1,2021 ~ Jan 31,2022</p> <p>Number of vaccination 1</p> <p>Self-pay 1,000yen (Refer to * 2 for the fee for welfare recipients)</p> <p>Things to bring ・ Public document such as a health insurance card which shows current address ・ Physical Disability Handbook (only a person who is an eligible recipient ②)</p>

40. ※1 When you take vaccinations at medical organizations not designated

If you have to have inoculation in a medical institution other than a handling medical institution because of inevitable reasons such as admission to a residential care facility or hospitalization, etc., you need to go through a procedure in advance. Please make sure to contact HOKEN CENTER. And the procedure takes time, so please make contact as early as possible.

As for the inoculation expenses, please pay the whole amount once. Later, part of it will be refund if you apply within the fiscal year.

※2 When the citizens who are eligible for the influenza and the pneumococcus inoculations for the elderly are in the household on social welfare or the Japanese war orphans left in China support welfare, Bring the certificate of entitlement to a medical agency so that you can take inoculations for free. (Please make an inquiry about inoculation at the Hoken(Health) Center and about the certificate of entitlement at the Livelihood Welfare Division in the City Hall (Tel : 53-1111).)

As for the Covid-19 vaccination, it will be updated frequently as needed at the city's web site and on the newsletters.

41. Vaccinations for the elderly

42. Consultations for Mothers & Children

43. Information for Medical Examinations, Classes&consultations for Mothers&Children

You can consult about any worries and anxieties while raising children.

44. Regular Medical Examinations

Name of Programs Contents, etc.	Contents, etc.
Medical Check Ups during Pregnancy	There is an aid that covers 14 times medical check ups during pregnancy. Check up card is issued with Mother & Baby Health Record Handbook. In the case of multiple fetuses (pregnant with two fetuses or more), 5 more checkup tickets will be added.
Medical Check Ups for Infants	Object Age: Normally around 1 month old (Check up card is issued with Mother & Baby Health Record Handbook) Place: Medical Institutions
Latter Stage Infants Medical Check Up	Object Age: Between 9 months and 1 year old (Check up card will be sent to you when baby is around 9 months old. Please let your baby take a check up when he/she is around 10 months old.) Place: Medical Institutions
Infants Health Check-up	Schedule: As below (Letter of information is sent to those who are eligible.) Place: 3rd floor at the Health Center

※As for those who have newly moved to Kawachinagano, please contact Health Center.

45. Let your children have NYUYOJI KENSHIN (Medical Examination for Infants) for their healthy growth and development.

It's very important to find out at the early stage if your child is growing healthily and any disease. In the Infants Health Check-ups in the city, many specialists such as doctors, dental doctors, health nurses, nutritionists, etc. take part in and they give you advices regarding child rearing just right for your child and give consultation for your daily anxiety in child care.

Especially in the 3 years 6 month old infants check-up, an orthoptist and a speech-language-hearing therapist can give exclusive check-ups for eyesight and hearing and consultation on these areas.

Let your children have NYUYOJI KENSHIN (Medical Examination for Infants) for their healthy growth and development.

46. Fiscal year 2021 Schedule for Medical Examinations and Classes

Name of Programs		Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Infants Health Check-up (individual notification)	4 months old Infants Medical Check Up (all Tuesdays)	27	11	8	13	17	14	12	9	14	18	8	8
	1Year 7 months old Children Medical Check Up (all Thursdays)	22	27	24	29	5.26	30	28	25	9	27	24	10.24
	2 Year 6 months old Children Medical Check Up (all Mondays)		10.24	14.28	12.26	23	13.27	25	8.22	13	17.24	28	14.28
	3Year 6 months old Children Medical Check Up (all Wednesdays)	21	12	2.16	7.21	4.25	1	6.20	17	1.15	19	2.16	2
Classes (on a subscription basis)	Parenting Classes			5(s)	9(f)		18(s)	16(s)	20(s)		15(s)		4(f) 19(s)
	Weaning Food Class ("Mogumogu(Mumping)Class") (Wednesdays except for August and February)	28	26	30	28	20(f)	22	27	24	22	26	25(f)	23
	Weaning Food Class ("Kamikami (Chewing)Class") (all Fridays)		28		30		24		26		28		25
	Consultations about Baby & Infant Food (all Fridays)	16		25		6		8		3		4	
	Tooth Brushing guidance for mothers			1(t)					2(t)				
Consultations about Dental Issues Date	days		27(t)		6(t)		16(t)	18(m)	26(f)	14(t)	17(m)	15(t)	
	Venue		Chiyoda Community Center		Aick		Aick	Aick	Aick	Aick	Aick	Aick	
	Time		10:00 ~11:30		13:30 ~15:00		13:30 ~15:00	10:00 ~11:30	13:30 ~15:00	10:00 ~11:30	10:00 ~11:30	13:30 ~15:00	

※The scheduled dates and the venues might be changed according to the progress of the construction.

47. Classes & consultations

48. About Overall Child Care Appointment Required

Name of Programs Contents

Consultation about Child care(Telephone consultation, Interview, Home visit)

Contents

Consultation about overall infants care

Consultation about weaning food, infant food, deviated food habit, etc.

Consultation about tooth-cleaning, cavity prevention, etc.

Place for interview: Health Center

49. About Child's Physical Development

re...reservation

	Name of Programs	Contents
re	Promise Clinic (Follow up check up)	Doctor's Examination & Consultation of body height, weight, physical development, etc.
re	Special Clinic (Infant Orthopedics Clinic)	Examination and consultation of orthopedics disorder (such as no rolling over, frequent falls, etc.)
re	Relaxed Clinic (for babies weighing less than 2500g at birth)	Doctor's medical examination and Consultation about Child Care
re	Relaxed Consultation (for babies weighing less than 2500g at birth)	Consultation about physical development, behaviors in playing, how to feed weaning food, engulment issues, etc

50. About Child's Mental Care and Speech Development

	Name of Programs	Contents
re	Speech Consultation	Consultation about speech, pronunciation, stuttering, etc
re	Development Consultation	Consultation and Examination about children with speech development issues, behavior problems, etc
re	Special Clinic (Development Clinic)	Examination and Consultation for infants with some worries in mental development

51. About Meals and Dental Care

re...reservation

	Name of Programs	Contents
re	Weaning Food Class	<p>"Mogu-mogu" class (for babies approx. 5 to 8 months old): There will be actual demonstration of how to cook rice porridge and talks about how to proceed with weaning, etc.</p> <p>"Kami-kami" class (for babies approx. 9 to 18 months old): We introduce easy cooking menus through demonstration</p>
re	Weaning Food and Infant Food Consultation	Private consultation by a national registered dietitian and a dental hygienist on problems such as having hard time in proceeding to weaning food, not being able to feed enough, biased nutrition, child's unwillingness for tooth-brushing, etc.
	Dental Consultation	Private consultation by a dental hygienist about tooth-brushing, cavity prevention, teeth development, development of mouth functions, anything about child's mouth and teeth. Venues: Aick, Chiyoda community centers
re	Brushing teeth Class for Moms and Dads	Instruction on how to brush your teeth properly, dental caries bacteria check-up, face stretching practice ※Subjects are parents/guardian with preschool children.
re	Appointment Booking	Health Center TEL 0721 (55) 0301 9:00 to 17:30 on weekdays

52. Consultations for Mothers & Children

53. Consultations for Mothers & Children

54. The Projects of the General Support Center for Child-rearing Generation, "Yumekku"

For details, please check our web site or make an inquiry at the Health Center.

The venue is at the Health Center (2-1 Kido-higashi-machi) if not otherwise written.

55. Support During Pregnancy ~Child rearing support before giving birth~

56. Issuing of the Mother and Child Health Handbook

A public health nurse or a maternity nurse will talk about the issued handouts and support during pregnancy.

It will take about 20 to 30 minutes, so please make sure you give yourself extra time.

You can also consult with a nutritionist or a dental hygienist.

[Handouts] the Mother and Child Health Handbook, a maternity chain holder, tickets for pregnancy health checkups, the Father and Child Health Handbook, child-rearing self-planning、 etc.

Date and Time: As required

57. Mom and Dad Class Appointment Required

There are programs for expecting parents such as talks by midwives, talks about nutrition and teeth, pregnancy experience for expecting father, baby bathing experience, etc.

Number of times : 4 programs 8 times per year

Venue: The Health Center, Aicck

58. PURE MAMA ANSHIN SALON(Expecting mother's comfort salon) Appointment Required

Relax with stretch and breezing method. Exchange with other expecting mothers.

※Once the date is decided, it will be notified in the city newsletter, web site, etc.

Number of times : 4 times per year (Time undecided)

59. A maternity nurse's counselor Maternity Consultation Appointment Required

Consultation about pregnancy, delivery, and child rearing are available, such as "about worries and stress during pregnancy" "What should I be careful about food during pregnancy?" (by telephone, center visit, home visit, etc.)

Date : as required

60. Mom's Relief Consultation Day Appointment Required

I want to consult with someone such as a maternity nurse, but I don't know how and when.

In that case, why don't you make a call to us on the first Tuesday of the month?

You can make an appointment and come to us for consultation.

Date: the first Tuesday of a month (if it falls on a national holiday, the second Tuesday)

9 : 00~16 : 00

61. **All free!**

Home visit by midwife/health nurse to the house of a pregnant woman is also available.

62. **Subsidy for Specific Infertility Treatment**

We will subsidize part of treatment expenses for married couples (basically legally married couples, but also include common law marriage) who wish to have a baby but are diagnosed by a doctor that they have no or very little chance of pregnancy without specific infertility treatment and being supported by "Specific Treatment Support Project for Infertility" run by Osaka prefecture and as such.

63. **Subsidy for Infertility Expenses**

We will subsidize treatment expenses for couples who have received the treatment for infertility, which is a case that a woman gets pregnant but has miscarriage or stillbirth repeatedly.

※As for details such as amount of subsidy, procedure of application, etc.

Please contact the Health Center.

64. Support After Baby-Birth ~Continuous support through pregnancy and child rearing~

65. **Early stage visit, baby's home visit, immature baby's home visit**

Appointment Required

A midwife or a health nurse makes a home visit after the baby birth. Measuring weight and child rearing consultation, and conveying useful information about child rearing.

Date : as required

66. **Midwife's lactation consultation** **Appointment Required**

A midwife answers questions such as "Is the baby getting enough milk?" "I'm worried if the baby gaining weight" "My baby never stops crying".

(by telephone, center visit, home visit, etc.)

Date : as required

67. **Psychology counselor consultation for a mother and a baby.** **Appointment Required**

Consultations are available on matters such as "I feel down" "It's hard to take care of the baby"

“I’m worried about my child’s development”

Date : as required

68. Mom’s Relief Consultation Day

I want to consult with someone such as a maternity nurse, but I don’t know how and when.

In that case, why don’t you make a call to us on the first Tuesday of the month?

You can make an appointment and come to us for consultation.

Date: the first Tuesday of a month (if it falls on a national holiday, the second Tuesday)

9 : 00 ~ 16 : 00

69. All free! Home visit by health nurse to the house of a pregnant woman is also available.

70. Postnatal Project --- For the relief of the mother after giving birth ---

This is the service you can get when you can’t receive enough support from family etc. after giving birth to a baby and are experiencing worries on child-rearing and your own health.

You can get various supports from midwives, etc. at medical institutions.

Handling institutions: Osaka MINAMI (South) Medical Center, SAWAI Ladies Clinic,
PL BYOIN(Hospital) (only for those that were hospitalized at
PL Hospital and had babies there and can get post-delivery care continually
after delivery)
NAKANO Ladies’ Clinic, Osaka Women's and Children's Hospital

Term of application: Capable to apply after about 6-month pregnancy

Eligible person: a person who corresponds both ① and ②

① A baby less than four months old and his/her mother

② Those who have worries about child rearing, etc. and need support

※If a child was born premature, you might be able to use this service when your child is older than 4 months old. If you wish to use this service, please consult with the Health Center in advance.

●This is not available for a mother and a baby who need medical treatment (doctor’s examination and prescription of medicine, etc.) or medical care (such as in the case of having infectious disease or their possibility).

Contents of Care: mother’s health care consultation on lactation mother’s mental support child rearing consultation, etc.

Services	Utility time per day
Short stay (dwelling type) with lunch, supper and breakfast	10:00 am till 10:00 am the next day
Day service (day trip type) with lunch and supper	10:00 am till 7:00 pm

※As for the usage fee and application, please make an inquiry at the Health Center.

- You can combine short-stay and day-service (up to 7 days).
- The kinds of services and the hours are different in each facility.

71. Consultations for Mothers & Children

72. Vaccination

73. Inoculations for Children

※Available for those who are registered citizens of Kawachinagano city on the day of inoculation.

Please keep more than 27 days' interval if you take live vaccines in a row.






























Inoculation capable age



Standard inoculation intervals between vaccinations

74.

vaccine	Kinds	Standard inoculation ages (inoculation capable ages)	Example of Inoculation Capable Terms and Sample Schedule																							Intervals between vaccinations	
			0-1 months	2 months	3 months	4 months	5 months	6-7 months	8-11 months	1 to 1 year and 3 months	1 year and 4 months to 1 year and 5 months	1 year and 6 months to 1 year and 11 months	2years old	3years old	4years old	5years old	6years old	7years old	8years old	9years old	10years old	11years old	12years old	13years old later			
Rota ※The vaccination is one of the two.	Oral live vaccine	Rotarix Vaccination starts between 2 months old and less than 15 weeks old. (from 6 weeks old till 24 weeks old)																							Keep more than 27 days' interval between the first and the second.		
		RotaTeq Vaccination starts between 2 months old and less than 15 weeks old. (from 6 weeks old till 32 weeks old)																							Keep more than 27 days' interval between the first and the third.		
Hib (Haemophilus influenzae type B)	inactivated vaccine	Infants that are 2 months old to less than 7 months old (2 months old to less than 5 years old)																							※If starting after 7 months old, there will be different number of times for inoculation. •From 1st through 3rd time, keep interval of more than 27 days (usually 27 to 56 days) •As for the additional inoculation, keep interval of more than 7 months (usually 7 to 13 months) after the completion of the 3rd inoculation.		
Infant's Pneumococcus	inactivated vaccine	Infants that are 2 months old to less than 7 months old (2 months old to less than 5 years old)																							※If starting after 7 months old, there will be different number of times for inoculation. •From 1st through 3rd time, keep interval of more than 27 days •As for the additional inoculation, keep the interval of more than 60 days and take the next one after reaching 1 year old (Usually between 1 year old and 1 year and 3 months old).		
Hepatitis B	inactivated vaccine	Infants that are 2 months old to less than 9 months old (Less than 1 year old)																							•There should be more than 27 days between the 1st and the 2nd inoculation. •There should be more than 139 days between the 1st and the 3rd.		
Four Kinds Combination Vaccine (Diphtheria, Whooping Cough, Tetanus, Poliomyelitis)	inactivated vaccine	Infants that are 3 months old to less than 1 years old (3 months old to less than 7 years and 6 months old)																							•From 1st through 3rd time, keep interval of more than 20 days (usually 20 to 56 days) •As for the additional inoculation, have interval of more than 6 months (usually 12 to 18 months) after the completion of the 3rd inoculation		
BCG	live vaccine	Infants that are 5 months old to less than 8 months old (Less than 1 year old)																									
Chickenpox	live vaccine	The first inoculation is from 1 year old to less than 1 year and 3 months old.(1 years old to less than 3 years old)																							There should be more than 3 months (usually 6 to 12 months) between the 1st and the 2nd inoculation		
Measles · Rubella 1st Stage	live vaccine	1 years old to less than 2 years old																							※When already older than 2 years old, make an inquiry at the Hoken Center.		
Measles · Rubella 2st Stage	live vaccine	Children in the final year of kindergarten or nursery, who is 5 years old and over and under 7 years old, born between April 2nd 2015 and April 1st 2016																							※When already the first grade in elementary		
Two kinds Combination Vaccine 2st Stage (Diphtheria, Tetanus)	inactivated vaccine	11 years old to less than 12 years old (11 years old to less than 13 years old)																									
Japanese Encephalitis 1st Stage	inactivated vaccine	The first and the second inoculations are for 3 year-olds and over and under 4 year-olds. (Infants that are 6 months old to less than 7 years and 6 months old)																							•There should be more than 6 days (usually 6 to 28 days) between		
Japanese Encephalitis 2st Stage	inactivated vaccine	9 years old to less than 10 years old (9 years old to less than 13 years old)																									
Japanese Encephalitis Special Measures	inactivated vaccine	Object Age : people who are younger than 20 years old who were born on until April 1st, 2007.	※If you have not completed the 1st term (3 times in total) and the 2nd term (1time),you can take the unfinished inoculations																								•If you have questions about the inoculation intervals, please contact us.
		Object Age : people who were born on/after April 2nd, 2008 and until October 1st,2009	※If you have not completed the 1st term (3 times in total) before you become 7years and 6 months old, you can take the unfinished ones during the 2nd term (9 years old and over and under 13 years old)																								•If you have questions about the inoculation intervals, please contact us.
Cervical Cancer	inactivated vaccine	Girls in the first year of junior high school (From April 1st of the year a girl turns 12 until March 31st of the year a girl turns 16 years old.)	※No positive suggestion right now																								
																										Bivalent vaccine : The 2nd time is 1 month after the 1st; the 3rd time is more that 6 months after the 1st time Tetravalent vaccine : The 2nd time is more than 2 months after the 1st time; the 3rd time is more than 6 months after the 1st time	

75.

Inoculation	fee free for eligible age group	Please make sure to bring Mother-and-Baby Handbook with you when taking inoculations.
Place for inoculation	Medical Agencies in the city (Refer to page 14)Appointment Required	

76.

◆Subsidy for Reinoculation Due to Bone Marrow Transfusion

In the case that you have lost immunity of inoculation, though you had completed (type A in Preventive Vaccination Law) due to bone marrow transfusion and need reinoculation, we will subsidize all or part of expenses. Please contact HOKEN Center for detail

◆If You Can't Get Inoculation Due to Long-term Medical Treatment

If you can't take regular inoculations due to illness which requires long-term medical treatment or other specific incident, you can take regular inoculations within 2 years from the date of disappearance of the incident (there are age limits for BCG, 4 kind vaccine, Hib vaccine, and pediatric pneumococcus,)

Application in advance is required. Please contact HOKEN Center for detail.

77. Vaccination

78. ●vaccination of rubella for adult

If pregnant women, especially in the early stage of pregnancy, have rubella, it can infect a fetus and cause congenital rubella syndrome.

79. Subsidy of vaccination cost of rubella (Voluntary inoculation)

Target	Venue, times of subsidy, amount of subsidy, Things to bring
<p>A person who is a registered Kawachinagano citizen on the day of inoculation and corresponds to one of three conditions ① to ③ (except those who are eligible for the 5th term rubella inoculation)</p> <p>①Women hoping to get pregnant ②The spouses of the above ③The spouses of pregnant women</p>	<p>Venue : designated medical organization in the city (Refer to p.14) Number of vaccination : One time only/person Amount of subsidy :</p> <p>◆Up to 7,000yen when taking combined vaccination of measles and French measles ◆Up to 4,000yen when taking single vaccination of French measles</p> <p>Things to bring :①A personal seal ②An official document to state recipient's current address and age (such as Health Insurance card, a driver's license)</p>
<p>Notice</p> <ul style="list-style-type: none"> · Pregnant women or with possibility of pregnancy cannot take the vaccination. · Avoid getting pregnant for 2 months after the vaccination. · When you take inoculation somewhere other than the handling medical institutions within the city, please contact Hoken Center. 	

80. The fifth rubella vaccination (Routine inoculation) **This finishes in the fiscal year 2021!**

●Target :

Men who were born between April 2nd 1962 and April 1st 1979

★We send recommendation cards to those who did not have antibody test and preventive vaccination.

★You need a specific coupon for antibody test and preventive vaccination. If you have a coupon issued in 2020 (valid till March 2021), you can use it from April 1, 2021 till February 28, 2022. If you need reissuing of the coupon, please contact the Health Center.

81. List of handling medical institution

82.

Medical Institution	telephone Number	address	Stomach Cancer Screening Test	Lower Bowel Cancer Screening Test	Lung Cancer Screening Test	Breast Cancer Screening Test	Cervical Cancer Screening Test	Hepatitis Virus Check up	Cardiac Electrogram Test	Osteoporosis Check up	General Medical Check up	Influenza vaccination for the elderly	Pneumococcal Vaccination for the elderly	Rota virus	Infant's Pneumococcus	Hib	Infant's Pneumococcus	Hepatitis B	Four Kinds Combination Vaccine	Poliomyelitis	B C G	Chickenpox	Measles & 3-day Measles 1st Stage (Also including relief)	Measles & 3-day Measles 2st Stage (Also including relief)	Two Kinds Combination Vaccine 2st Stage	Japanese Encephalitis 1st Stage	Japanese Encephalitis 2st Stage	Cervix Cancer	Rubella (Adult)	Rubella antibody test	Medical Institution2		
AOYAMA CLINIC	63-0048	Kita cho 193-1																													AOYAMA CLINIC		
AOYAMA DAINI BYOIN	65-0003	Kita cho 192-1																													AOYAMA DAINI BYOIN		
ASADA SEIKEI-GEKA (Orthopedics)	54-1575	10-29 Nishinoyama-cho																													ASADA SEIKEI-GEKA (Orthopedics)		
IITANI SHONIKA	56-1189	Akashiadai 1-24-10																													IITANI SHONIKA		
IKEDA NAIKA IIN	63-3969	Nankadai 3-6-50																													IKEDA NAIKA IIN		
ISHIKURA IIN	54-4161	Midorigaoka Nakamachi 8-6																													ISHIKURA IIN		
IZUMITANI KODOMO CLINIC	52-1110	Nosaku cho 3-66																													IZUMITANI KODOMO CLINIC		
OIYA CLINIC	52-0108	Kido 1-6-5																													OIYA CLINIC		
OOTANI SEIKEIGEKA	55-7727	Kido Nishimachi 2-7-7																													OOTANI SEIKEIGEKA		
OKUDA SEIKEIGEKA	54-2003	Kido Nishimachi 3-1-15 Yamahara Bldg 2F																													OKUDA SEIKEIGEKA		
OZAKI IIN	52-2349	Honmachi 29-27																													OZAKI IIN		
ODA IIN	63-5350	Nakatazoe cho 38-5																													ODA IIN		
KAKINOKI JIBINKOUKA	50-4649	Nishinoyama cho 8-58																													KAKINOKI JIBINKOUKA		
KATASE NAIKA CLINIC	53-1900	Honda cho 5-34																													KATASE NAIKA CLINIC		
KATSUBE Clinic	53-2121	Nishinoyama-cho 2-29																													KATSUBE Clinic		
KATO IIN	65-6070	Mikkaichi cho 206-1																													KATO IIN		
KAWANISHI CLINIC	55-3710	Shionomiya cho 4-10																													KAWANISHI CLINIC		
KANBE SHINRYOJO	64-8988	Mikkaichi cho 405-7																													KANBE SHINRYOJO		
KIDA SEIKEI-GEKA (plastic surgery) HIFU-KA (dermatology) Clinic	50-4112	2-12 Nagano-cho																													KIDA SEIKEI-GEKA (plastic surgery) HIFU-KA (dermatology) Clinic		
KUSUMOTO IIN	52-0550	Kido Nishimachi 3-1-1																													KUSUMOTO IIN		
KOBAYASHI SHINRYOJO	63-3072	Mikanodai 1-38-6 Nagano cho 5-1																													KOBAYASHI SHINRYOJO		
GOMI NAIKA CLINIC	56-0800	Novaty Nagano South wing 3F																														GOMI NAIKA CLINIC	
SAITA MATERNITY CLINIC	55-7000	Shoei cho 1-19																														SAITA MATERNITY CLINIC	
SAKURAI JIBINKOUKA	54-5771	Nagano cho 7-24																														SAKURAI JIBINKOUKA	
SASAI NAIKA	53-1000	Oyamada cho 631-1																														SASAI NAIKA	
SANO JIBINKOUKA	52-3387	Chiyoda Minamimachi 8-3																														SANO JIBINKOUKA	
SAWADA BYOIN	53-2313	Nagano cho 7-11																														SAWADA BYOIN	
SANGEN IIN	52-2252	Kotobuki cho 3-46																														SANGEN IIN	
SHICHINO SEIKEIGEKA	63-6925	Minamiaobadai 18-18																														SHICHINO SEIKEIGEKA	
SHIMIZU CLINIC	63-9356	Mikanodai 1-34-5																														SHIMIZU CLINIC	
JYURIEN SHINRYOJO	52-3888	Oyamada cho 448-2																														JYURIEN SHINRYOJO	
SUNAMI CLINIC	62-8711	Kita cho 193-1																														SUNAMI CLINIC	
TAKAI Clinic NAIKA (Internal Medicine)	50-1119	Matsugaoka Higashimachi 1805-1																														TAKAI Clinic NAIKA (Internal Medicine) /GANKA (Ophthalmologist)	
TAKIDANI BYOIN	53-5002	Matsugaoka Nakamachi 1453 Honmachi 15-5,																														TAKIDANI BYOIN	
TANAKA SHONI-KA (Pediatrics) HOHOEMI (Smile) Clinic	26-7801	Honmachi Yamamoto BIRU (Building)101																														TANAKA SHONI-KA (Pediatrics) HOHOEMI (Smile) Clinic	
TANAKA SEIKEI CLINIC	62-7575	Mikkaichi cho 243-1																														TANAKA SEIKEI CLINIC	
TERAMOTO KINEN BYOIN	50-1111	Furuno cho 4-11																														TERAMOTO KINEN BYOIN	
TERAMOTO IRYOU RIHABIRI BYOIN	63-0101	Kita cho 14-1																														TERAMOTO IRYOU RIHABIRI BYOIN	
TOYAMA IIN	65-1817	Kiyomidai 1-8-22																														TOYAMA IIN	
NAKATANI Clinic	63-6825	160 Mikkaichicho																														NAKATANI Clinic	
NAKANO LADIES CLINIC	53-1635	Kitakibogaoka 3-20																														NAKANO LADIES CLINIC	
NAKABAYASHI IIN	62-3838	Nankadai 8-5-5																														NAKABAYASHI IIN	
NAMIKAWA CLINIC	54-6155	Nishinoyama cho 1-22																														NAMIKAWA CLINIC	
NISHINO Tailored Clinic	50-0250	Nagano-cho 4-1																														NISHINO Tailored Clinic	
NISHIMURA SHONIKA	56-1770	Kido 1-6-1																														NISHIMURA SHONIKA	
HAKUYUU CHIYODA CLINIC	55-0515	Kido Nishimachi 2-1-25																														HAKUYUU CHIYODA CLINIC	
HABU IIN	56-2220	Honda 1-45-101																														HABU IIN	
FUKUOKA NAIKA CLINIC	65-0360	Kitaaobadai 43-30																														FUKUOKA NAIKA CLINIC	
MATSUO CLINIC	63-4130	Nankadai 1-17-9																														MATSUO CLINIC	
MATSUMOTO IIN	53-0345	Souen cho 12-8																														MATSUMOTO IIN	
MIZUNO Clinic	53-6420	Chiyodadaicho 6-1																														MIZUNO Clinic	
MIZOGUSHI IIN	53-2155	Kusunoki cho Nishi 5583																														MIZOGUSHI IIN	
Minami-Kawachi Oka Byoin	55-1221	1-1 Kido-higashi-machi																															Minami-Kawachi Oka Byoin
MIYAZAKI SEIKEIGEKA	50-1336	Matsugaoka Higashimachi 1805-1																														MIYAZAKI SEIKEIGEKA	
MORIKAWA CLINIC	62-1555	Kitaaobadai 29-3																															MORIKAWA CLINIC
MORIMOTO SHONIKA IIN	64-0390	Mikkaichi cho 481-147																															MORIMOTO SHONIKA IIN
YAGASAKI SHONIKA ALLERGOLGY	60-3300	Mikkaichi cho 56-16 Takagishi Bldg 3F																															YAGASAKI SHONIKA ALLERGOLGY
YAMAGATA IIN	62-3435	Nankadai 1-13-17																															YAMAGATA IIN
YAMAGATA SHINRYOJO	62-2553	Ooyabune Nakamachi 38-1																															YAMAGATA SHINRYOJO
YAMAGAMI CLINIC	54-4772	Kido Nishimachi 2-1-23 Chiyoda Central Bldg 1F																															YAMAGAMI CLINIC
YAMAGUCHI SHINRYOJO	52-5719	Shionomiya cho 19-10																															YAMAGUCHI SHINRYOJO
YAMAMOTO IIN	52-6407	Chiyoda Minamimachi 6-8																															YAMAMOTO IIN
YOKOUCHI CLINIC	50-2810	Kikusui cho 2-33																															YOKOUCHI CLINIC
YOSHIFUJI Naika (Internal medicine)	55-3522	Uwahara Nishi-machi 24-1																															YOSHIFUJI Naika (Internal medicine)
OSAKA MINAMI IRYO CENTER	63-0049	Kido Higashimachi 2-1 Kido Higashimachi 2-1																															OSAKA MINAMI IRYO CENTER

You can also find information on the city's web side. ● mark ··· Inoculation Program , Medical institutions handling medical checkup (As to the end of March 2021)

83. List of handling medical institution

84. In cases of emergency

85. Pediatric emergency medical care system on Sunday • Bank holiday

We are implementing this system as below with securing the doctors with the cooperation of the neighboring municipalities and with the cooperation of a few pediatric doctors.

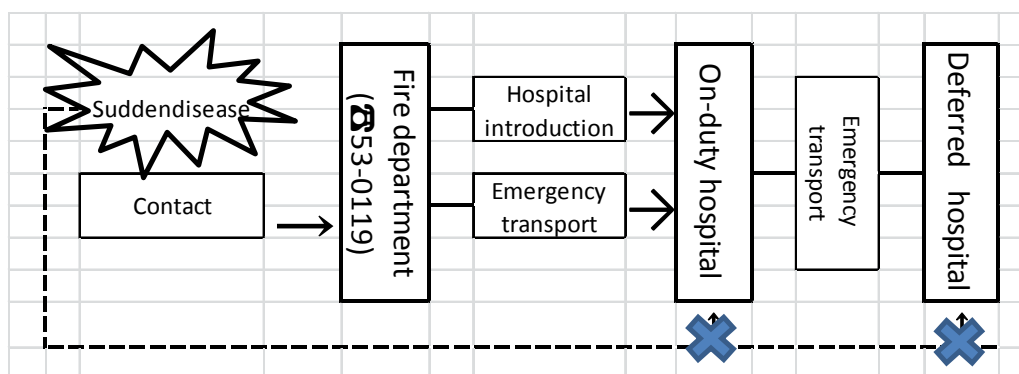
subject of medical treatment	Pediatrics (subject up to middle school students)	Openings	9:00am ~ 11:30am 13:00pm ~ 15:30pm
Place of hospital	Tondabayashi Hospital	1-3-36 Kouyoudai Tondabayashi City ☎0721-29-1121	
Consultation day	Sunday, Bank holiday Year-end and New Year holidays (29December ~ 3January)	Method of consultation	Direct to the hospital ● Do not forget the insurance card with you

86. Emergency medical care system for children at night and early morning (daily)

Please call to the number (53-0119) when your child became sick during 20:00pm ~ 8:00am and we will let you know which hospital your child bring to. (See diagram below)

In emergency case, we transport him/her with ambulance therefore. Please avoid bringing him/her direct to the hospital.

87. 20:00pm ~ 8:00am



88. Pediatric emergency medical care system For Saturday, Sunday, Bank Holiday and Year-end and New Year holidays (29December ~ 3January) Between 16:00 and 20:00

Please call to the number (53-0119) when your child became sick during 16:00 ~ 20:00 and we will let you know which hospital your child bring to. In emergency case, we transport him/her with ambulance therefore. Please avoid bringing him/her direct to the hospital.

89. Pediatric emergency telephone counseling

Please use this line when in doubt whether or not you want to bring your kid to hospital (between 20:00 and 8:00)

【Telephone consultation】 #8000→NTT line or mobile phone available

Dial line and IP phone call to ☎06-6765-3650

90. Dental care for people with disabilities in Minamikawachi region

Conducting medical treatment at municipal holiday emergency clinic (Dentistry) on every Thursday (except for bank holiday) from 13:00 to 17:00 for individuals who have difficulty. Dental care for people with disabilities

[Needs reservation through the phone in advance] Call to Health Center for detailed ☎55-0301

91. Holiday emergency clinic ☎55-0300

2-1 Kido-higashi-machi, Kawachinagano (on premises of the Osaka Minami Medical Center)

Holiday emergency clinic is for a patient who's coming on Saturday, Sunday and Bank holiday.

Subject of medical treatment is following. (Internal medicine is not available for junior high school students and younger.)

subject of medical treatment	Consultation day	Openings
Internal medicine	Saturday	6:00pm ~ 8:40pm
	Sunday • Bank Holiday • Year-end and New Year holidays (30December ~ 3January)	10:00am ~ 11:40am, 1:00pm ~ 3:40pm
Dentistry	Sunday • Bank Holiday	10:00am ~ 11:40am
	2May ~ 5May • Year-end and New Year holidays (30December ~ 3January)	10:00am ~ 11:40am, 1:00pm ~ 3:40pm

●Do not forget the insurance card with you.

※The Holiday Emergency Clinic change locations in April 2021. As for the medical situation in April 2021, please refer to the latest information at the city's web site.

92. Medical Emergency and Safe Center Osaka (Kyukyu Anshin Center Osaka)

7119 PHS(Personal Handy phone System)/Touch-tone tone circuit or

06-6582-7119 Available for all phones

We consult civil medical emergency matter by doctors, nurses and counseling staff for 24hours.

《Call 119 for emergency situation without hesitation》

93. Osaka Emergency Medical Information Center (Osaka-fu KyuKyu Iryo Joho Center)

Please call Osaka Emergency Medical Information Center when you need information. (24 hours / 365days) 06-6693-1199